

PFAS and Liver Disease:

Translating the Knowledge into Humans and Preventive Practices

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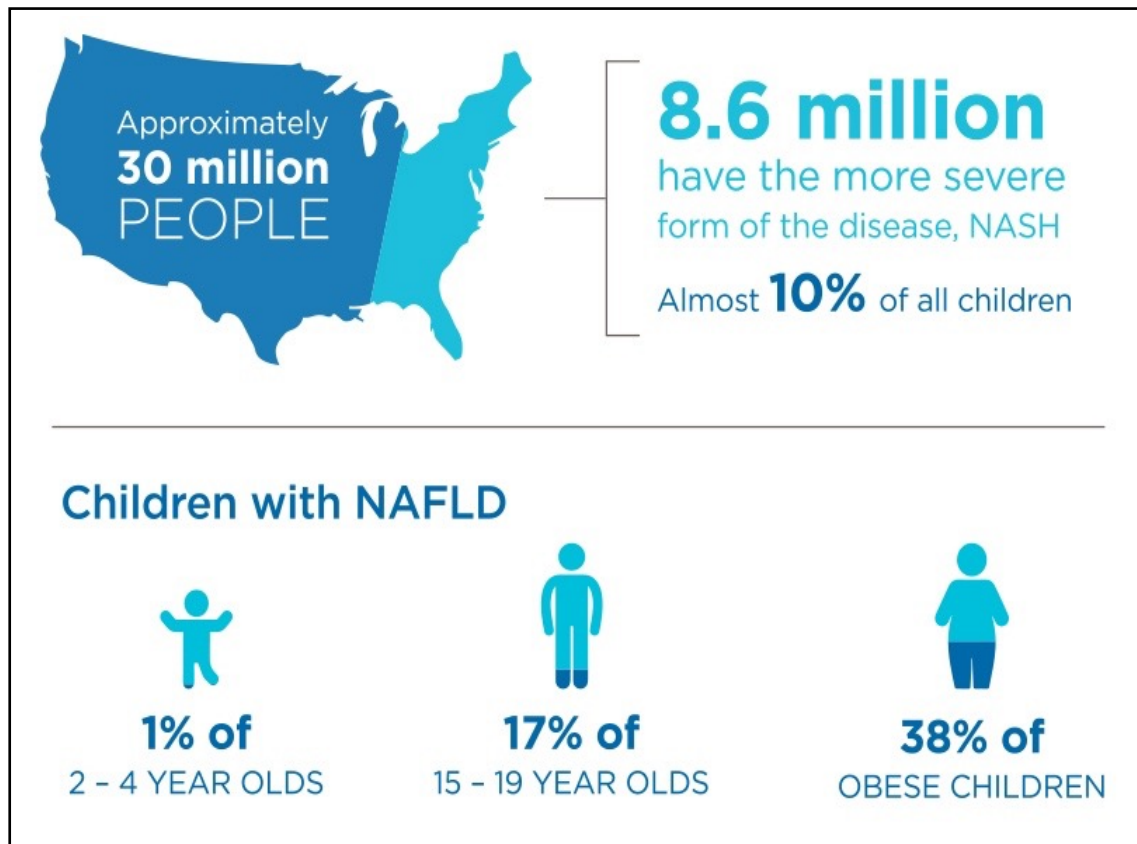


USC Center for Translational Research
on Environmental Health

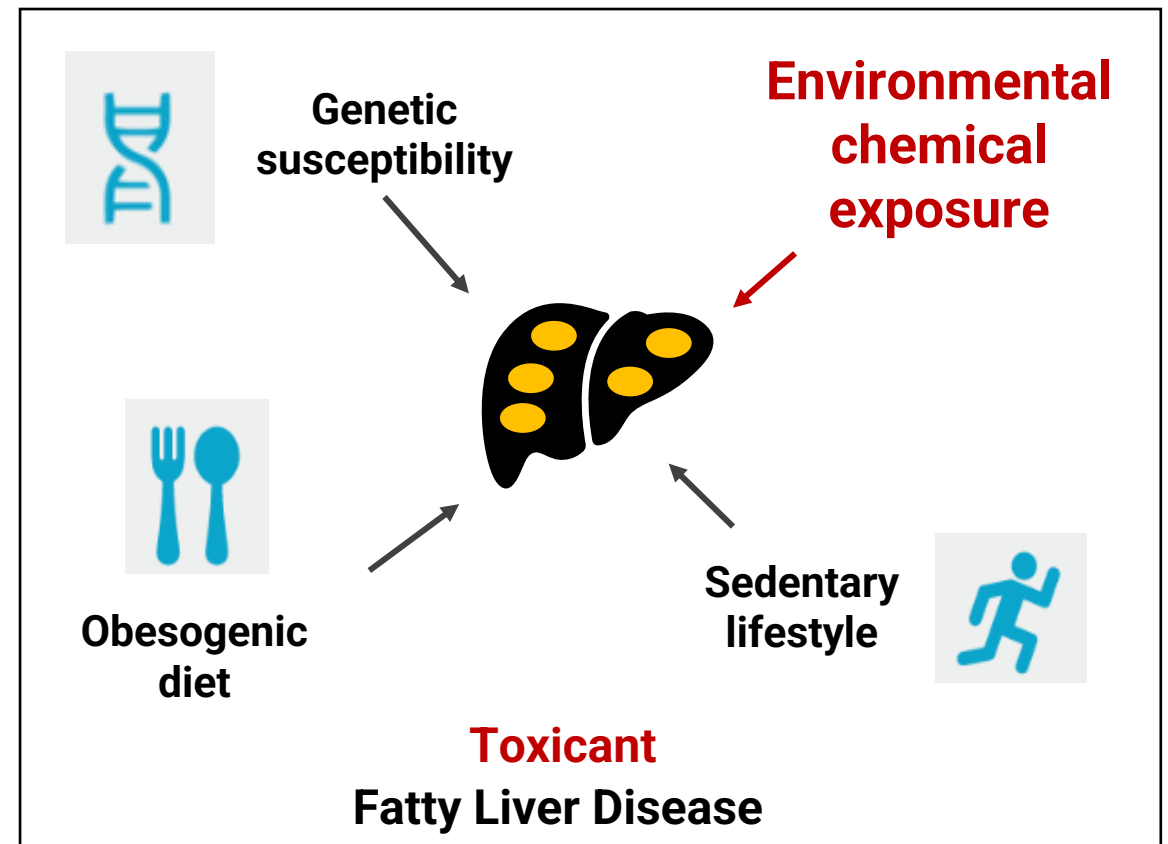
Keck School of Medicine of **USC**
Department of Population and
Public Health Sciences

Non-Alcoholic Fatty Liver Disease (NAFLD): An Epidemic

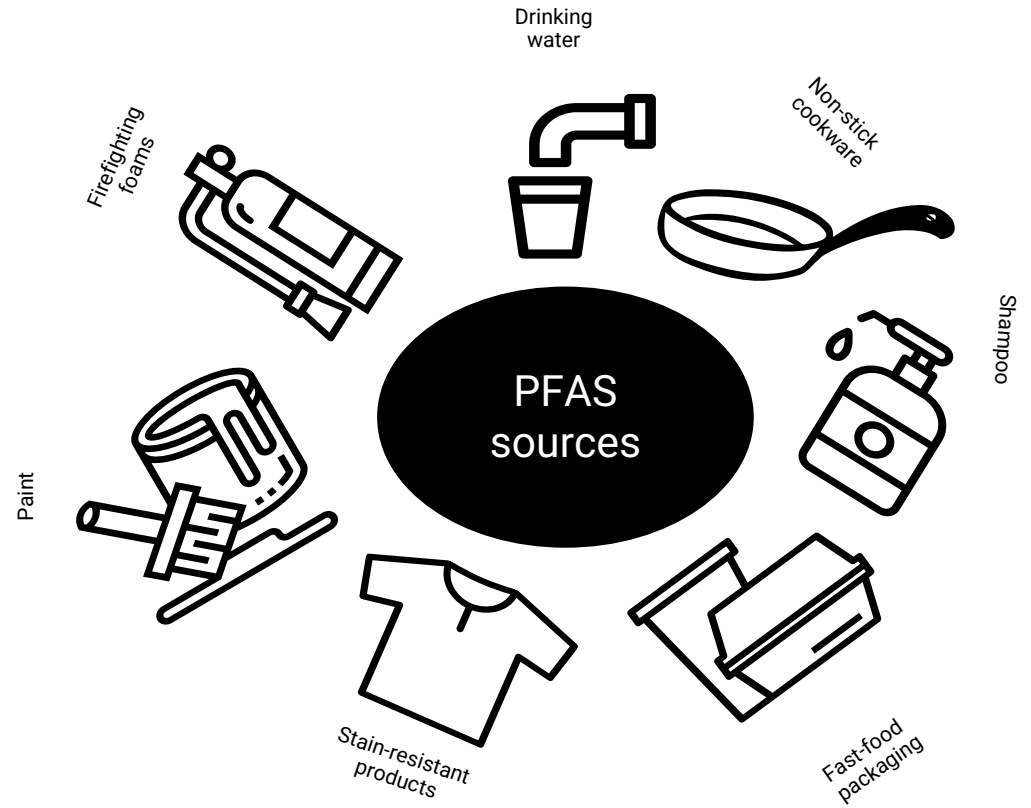
NAFLD prevalence in the U.S



“Metabolism Disrupting Chemical” Hypothesis



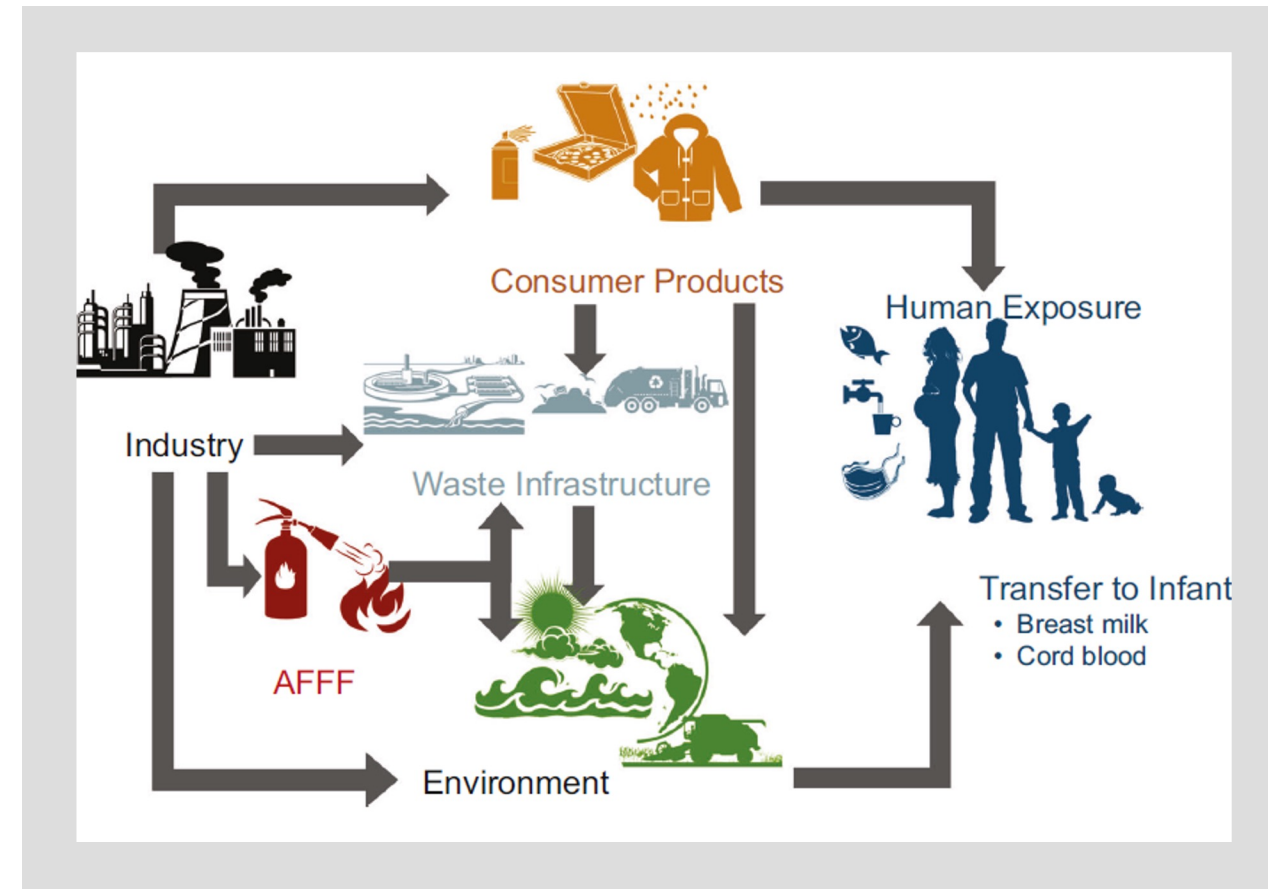
Per- and polyfluoroalkyl substances (PFAS): *The new forever chemicals*



What are PFAS?

How are we exposed?

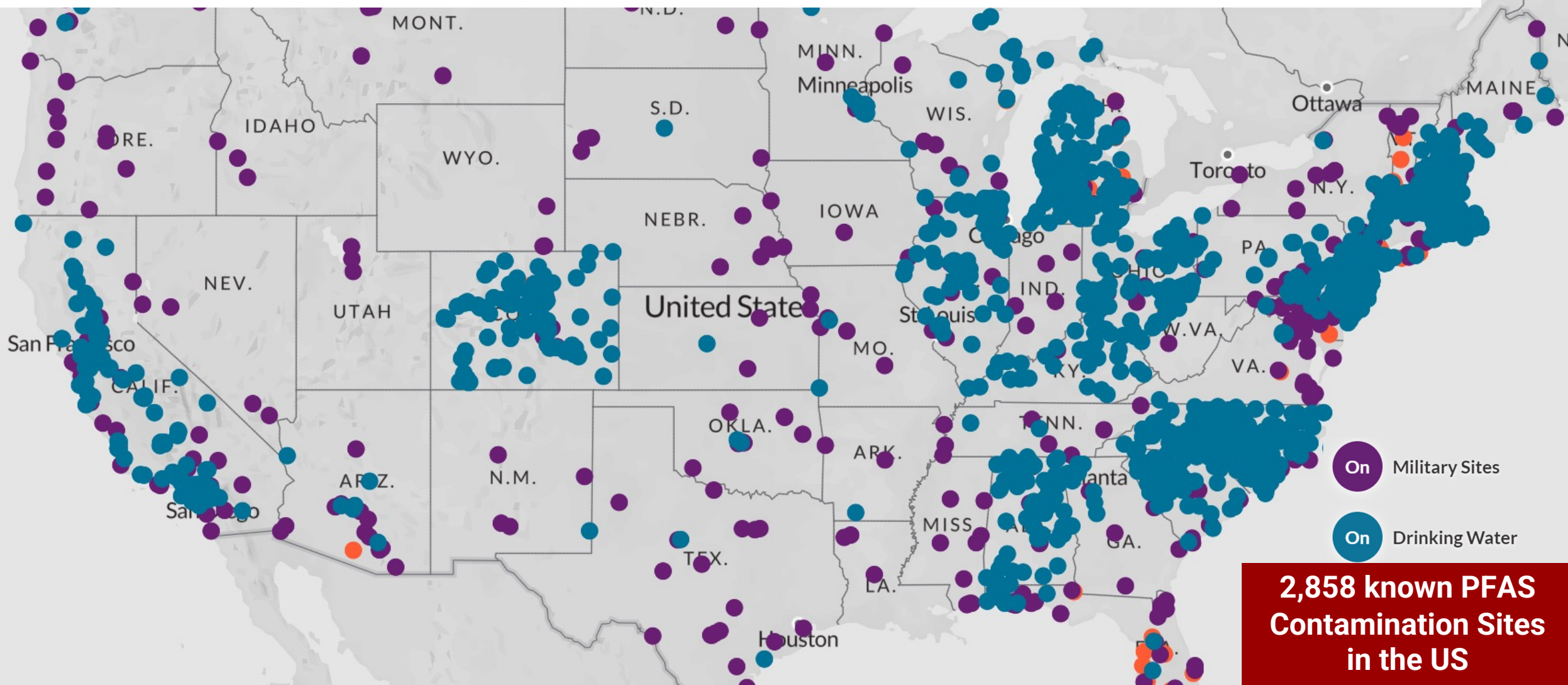
- > 7,000 chemicals
- **PFAS** have been widely used in **industrial applications** and **consumer products**
- **Resistant to degradation**
- **Detected in blood of almost everyone in the U.S.**



PFAS Water Contamination in the United States

July 8, 2022 (EWG)

Drinking water ~200 million Americans may be contaminated with PFAS (Andrews & Naidenko, 2020)



SUMMARY: PFAS AND LIVER INJURY

HEPATOLOGY



ORIGINAL

Prenatal Exposure to Perfluoroalkyl Substances Associated with Increased Susceptibility to Liver Injury in Children

Nikos Stratakis, David V Conti, Ran Jin, Katerina Margetaki, Damaskini Valvi, Alexandros P. Siskos, Léa Maitre, Erika Garcia, Nerea Varo, Yinqi Zhao, Theano Roumeliotaki, Marina Vafeiadi, Jose Urquiza, Silvia Fernández-Barrés, Barbara Heude, Xavier Basagana, Maribel Casas, Serena Fossati, Regina Gražulevičienė, Sandra Andrušaitytė, Karan Uppal, Rosemary RC. McEachan, Eleni Papadopoulou, Oliver Robinson, Line Småstuen Haug, John Wright, Miriam B. Vos, Hector C. Keun, Martine Vrijheid, Kiros T. Berhane, Rob McConnell, Lidada Chatzi ... [See fewer authors](#)

First published: 01 August 2020 | <https://doi.org/10.1002/hep.31483>

JHEP|Reports Innovation in Hepatology

RESEARCH ARTICLE | ARTICLES IN PRESS, 100550

Exposure to perfluoroalkyl substances and risk of hepatocellular carcinoma in a multiethnic cohort

Jesse A. Goodrich • Douglas Walker • Xiangping Lin • Hongxu Wang • Tiffany Lim • Rob McConnell • David V. Conti • Lida Chatzi • Veronica Wendy Setiawan • [Show less](#) • [Show footnotes](#)

[Open Access](#) • Published: August 08, 2022 • DOI: <https://doi.org/10.1016/j.jhepr.2022.100550>



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journal homepage: www.elsevier.com/locate/envint



Perfluoroalkyl substances and severity of nonalcoholic fatty liver in Children: An untargeted metabolomics approach

Ran Jin^a, Rob McConnell^a, Cioffi Catherine^b, Shujing Xu^a, Douglas I. Walker^{c,d,1}, Nikos Stratakis^a, Dean P. Jones^c, Gary W. Miller^{d,2}, Cheng Peng^a, David V. Conti^a, Miriam B. Vos^{b,e,3}, Leda Chatzi^{a,*,3}



Environmental Health Perspectives

Vol. 130, No. 4 | Review

Exposure to per- and Polyfluoroalkyl Substances and Markers of Liver Injury: A Systematic Review and Meta-Analysis

is companion of

Invited Perspective: PFAS and Liver Disease: Bringing All the Evidence Together

Elizabeth Costello , Sarah Rock, Nikos Stratakis, Sandrah P. Eckel, Douglas I. Walker, Damaskini Valvi, Dora Cserbik, Todd Jenkins, Stavra A. Xanthakos, Rohit Kohli, Stephanie Sisley, Vasilis Vasiliou, Michele A. La Merrill, Hugo Rosen, David V. Conti, Rob McConnell, and Leda Chatzi

Emerging Evidence on PFAS and Fatty Liver Disease

Existing Evidence

Animal studies^{1,2}:

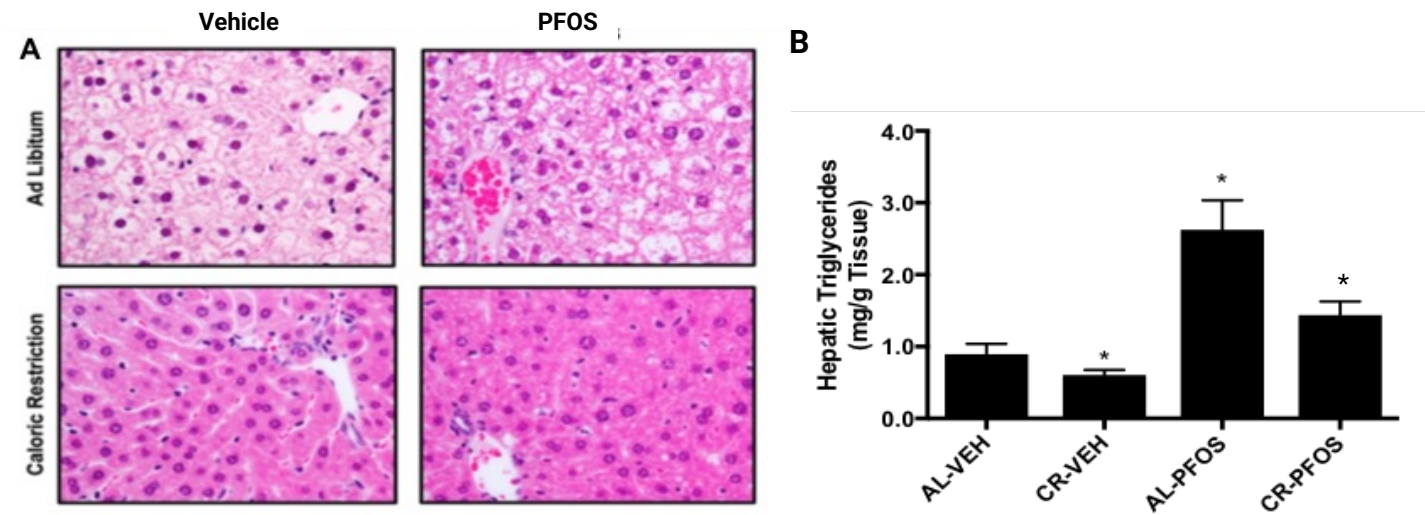
- Liver enlargement
- Hepatic steatosis

General US adults^{3,4}:

- Increased levels of alanine aminotransferase (ALT), a surrogate marker for NAFLD screening

Preliminary Results from Animal Models

PFOS administration increases lipid content in mouse liver (A) and impedes the effect of calorie restriction and increases hepatic triglyceride content (B)

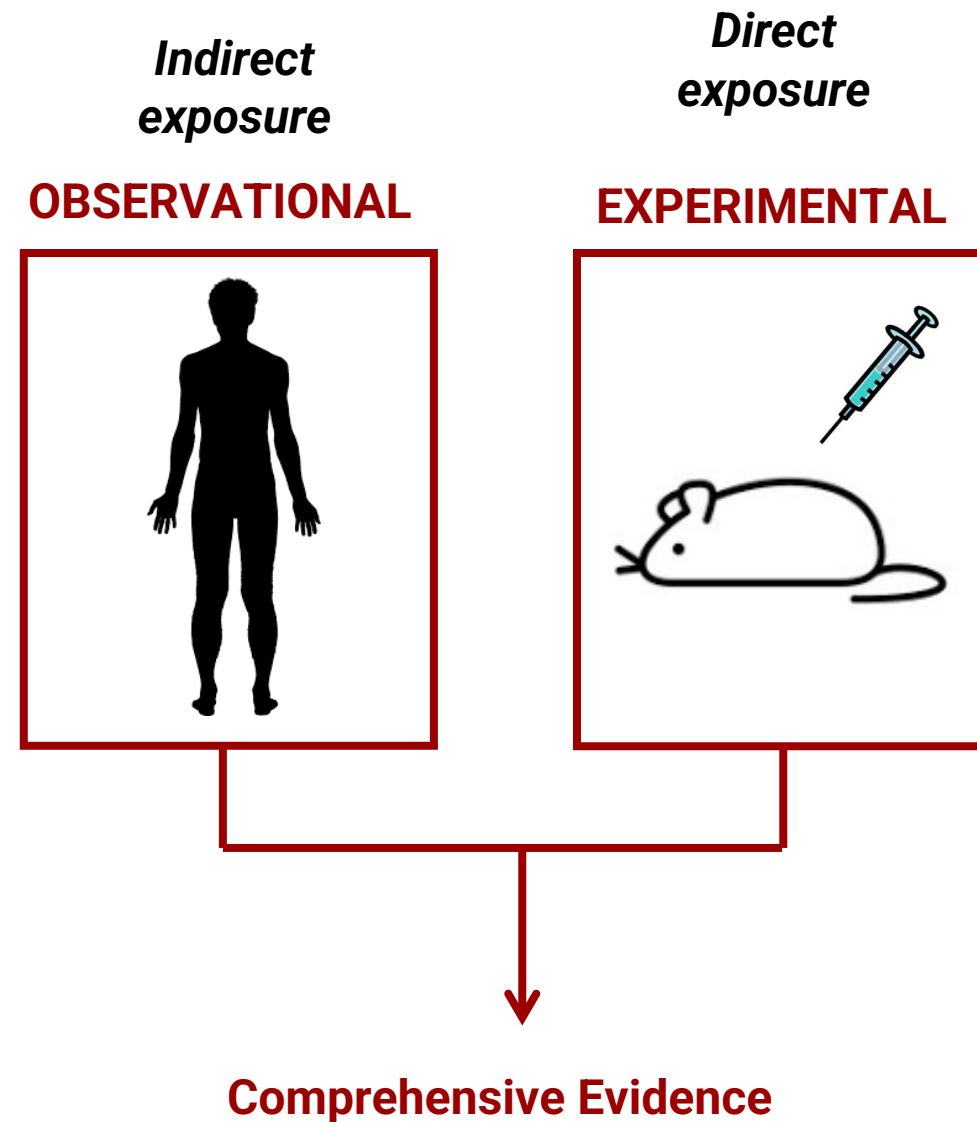


AL, ad libitum; CR, calorie restriction; VEH, vehicle

¹Das KP et al., 2017; ²Wu X et al., 2018;

³Lin CY et al., 2010; ⁴Gleason JA et al., 2015

Exposure to PFAS and Liver Injury: a systematic review and meta-analysis



METHODS

- Systematically review all available human and rodent studies examining exposure to PFAS and
 - Serum ALT, AST, GGT
 - Liver disease:
 - NAFLD/NASH
 - Steatosis
 - Liver weight (rodents)
 - Histopathological outcomes (rodents)
- Meta-analyzed using a weighted z-score approach



Search Results

PFAS	
PFOA	PFOS
PFNA	PFHxS
PFDA	PFBA
PFDoA	PFBS
PFUA	PFHxA
GenX	



25 Human Studies

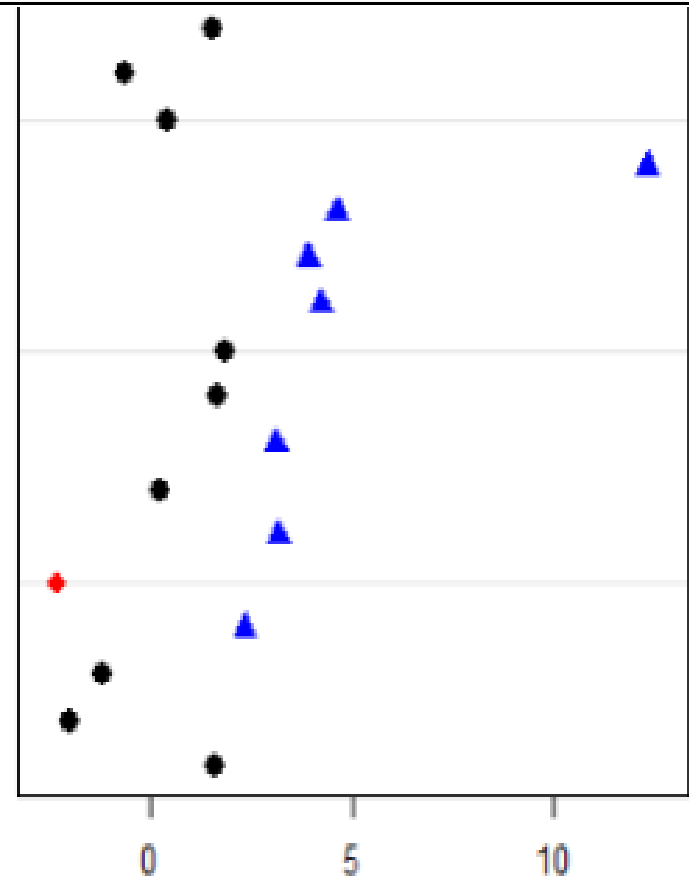


86 Rodent Studies

RESULTS Human Studies: Exposure to PFOA and ALT

Weighted Z-score: 6.20 (p < 0.001)

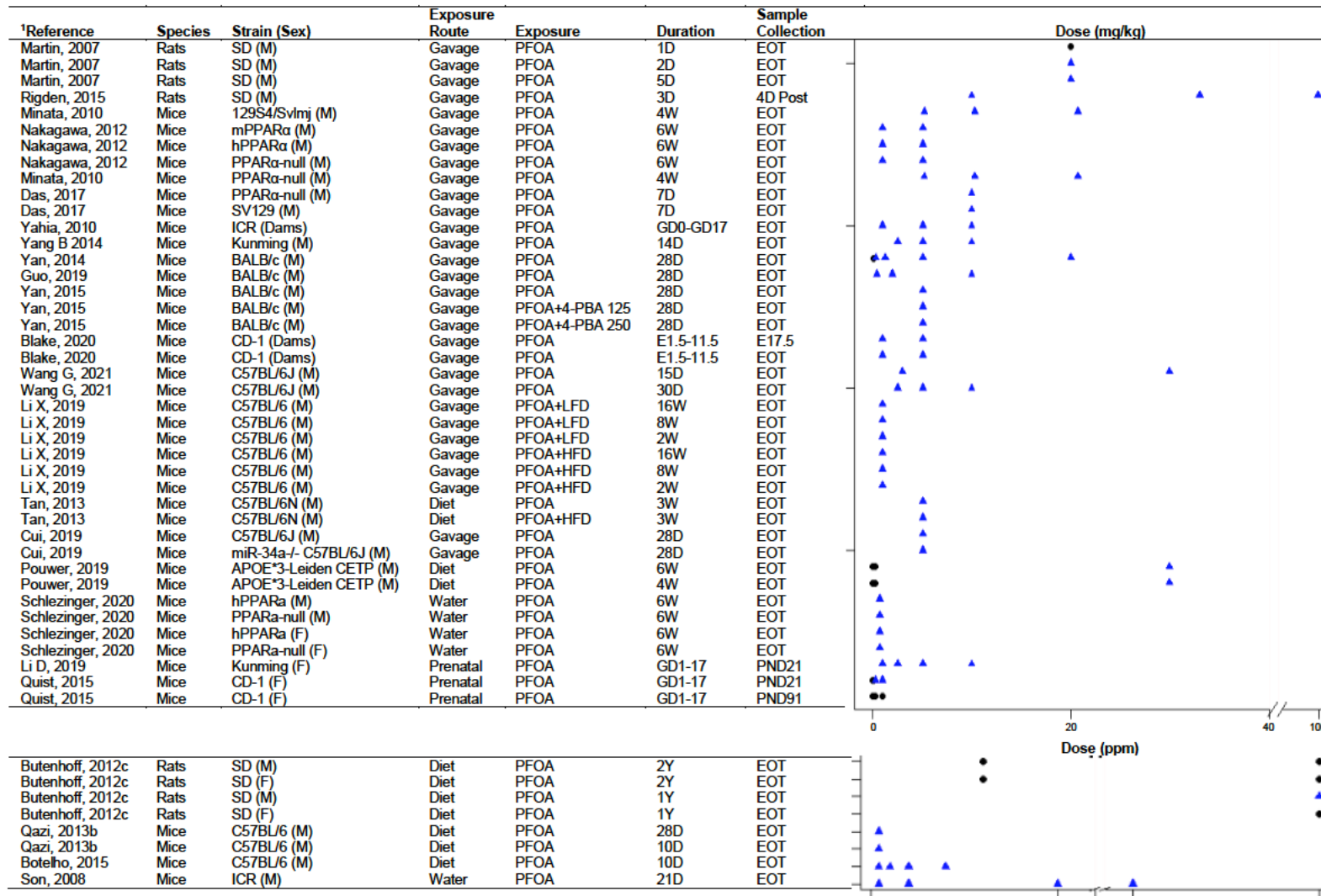
Reference	Population	Age	Sex	N	Exposure	Blood Conc.	Z-Score
Sakr, 07'	GHS	≥18	Overall	1024	PFOA	0.428 ppm ^b	
Olsen, 07'	Plant Employees	21-67	Male	506	PFOA	2210 ng/mL ^b	
Emmett, 06'	Little Hocking, OH	2-90	Overall	371	PFOA	354 ng/mL ^a	
Gallo, 12'	C8HP	≥ 18	Overall	46452	PFOA	28.0 ng/mL ^a	
Darrow, 16'	C8HP	> 20	Male	12364	PFOA	17.1 ng/mL ^a	
Darrow, 16'	C8HP	> 20	Female	15683	PFOA	16.0 ng/mL ^a	
Nian, 19'	I C8HP	22-95	Overall	1605	PFOA	6.19 ng/mL ^a	
Lin, 10'	NHANES 99' – 03'	≥ 20	Male	1063	PFOA	5.05 ng/mL ^b	
Lin, 10'	NHANES 99' – 03'	≥ 20	Female	1134	PFOA	4.06 ng/mL ^b	
Gleason, 15'	NHANES 07'- 10'	> 12	Overall	4333	PFOA	3.5 ng/mL ^c	
Jain, 19'	NHANES 11-14'	≥ 20	Overall	1082	PFOA	2.2 ng/mL ^c	
Jain, 19'	NHANES 11'-14'	≥ 20	Overall	1801	PFOA	2.0 ng/mL ^c	
Attanasio, 19'	NHANES 13'-16'	12-19	Male	354	PFOA	1.50 ng/mL ^c	
Attanasio 19'	NHANES 13'-16'	12-19	Female	305	PFOA	1.22 ng/mL ^c	
Mora 18'	Project Viva	6-11	Male	332	PFOA	4.4 ng/mL ^a	
Mora 18'	Project Viva	6-11	Female	298	PFOA	4.2 ng/mL ^a	
Khalil 18'	DCH	8-12	Overall	48	PFOA	0.99 ng/mL ^a	






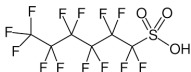
Strip plot for the Z-scores of the cross-sectional analyses of PFOA on ALT. Sex specific results are presented separately where available. The weighted Z-score calculation was performed for ages 12 and older, using the larger of overlapping cohorts. Cohorts: GHS: General Health Survey; C8HP: C8 Health Project; I C8HP: Isomers of C8 Health Project; NHANES: National Health and Nutrition Examination Survey; DCH: Dayton Children's Hospital. Positive association (▲); negative association: (◆); no association: (●). ^aMedian; ^bMean; ^cGeometric Mean.

RESULTS

Rodent Studies: Exposure to PFOA and Liver Weight



Strip plots for PFOA and relative liver weight in animal studies. Blue triangles indicate a significant increase in relative liver weight relative to control. Black dots indicate no significant change in relative liver weight relative to control. Plots are ordered by species and strain. *Abbreviations:* End of treatment (EOT); low fat diet (LFD); high fat diet (HFD); postnatal day (PND); gestational day (GD); embryonic day (E); Sprague Dawley (SD); 4-phenylbutyric acid (4-PBA).

	Human	Animal	Conclusions
PFOA 	↑ ALT, GGT, AST <i>(Longitudinal and cross-sectional studies)</i>	↑ ALT Steatosis Histopathological alterations	Likely relationship between PFOA and liver injury
PFOS 	↑ ALT <i>(Primarily cross-sectional studies)</i>	↑ ALT Steatosis Histopathological alterations	Likely relationship between PFOS and liver injury
PFNA 	↑ ALT <i>(Cross-sectional studies)</i>	↑ ALT Steatosis Histopathological alterations	PFNA may be related to liver injury
PFHxS 	No relationship <i>(Cross-sectional studies)</i>	Steatosis Histopathological alterations <i>(high doses)</i>	PFHxS may be related to liver injury. (The evidence is limited)
Other PFAS	Limited evidence, more information is needed.		

PFAS Mixtures **Limited number of studies, but suggests a relationship.** More information is needed.

Prenatal exposure to PFAS and Increased Susceptibility to Liver Injury in Children

2020 Papers of the Year

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From the nearly 3,500 publications by NIEHS researchers and grantees in 2020, the institute's leaders selected 27 for special recognition as Papers of the Year.

BY ROBIN ARNETTE

Research funded by grants

PFAS linked with liver injury in children

Exposure to per- and polyfluoroalkyl substances (PFAS) in the womb may increase liver injury risk in children, according to NIEHS-funded researchers. This study is the first to examine the impact of early life exposures to a PFAS mixture on child liver injury. PFAS, a large group of synthetic chemicals found in a variety of consumer products, have been linked to immune dysfunction, altered metabolism, brain development, and certain cancers.

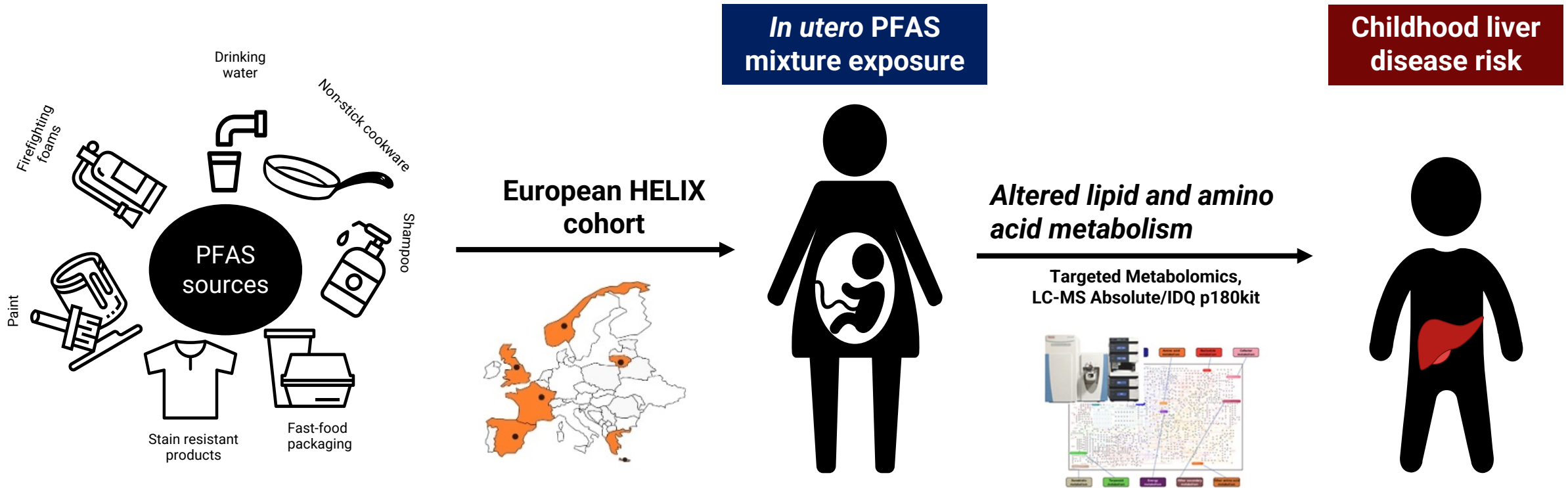


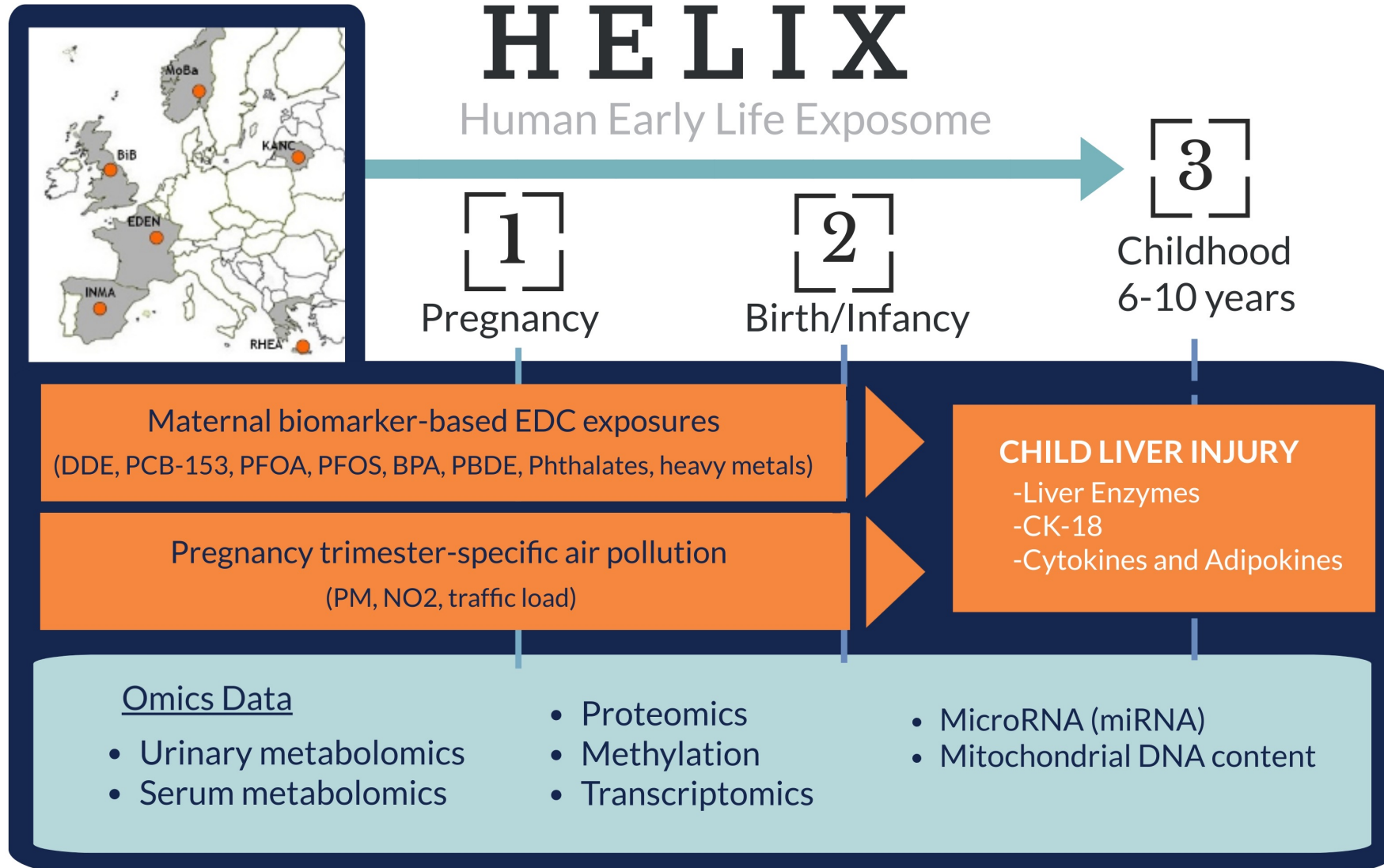
- Evaluation of **PFAS mixture**
- Integration of **metabolomics**
- Prospective follow-up design

Stratakis et al, Hepatology 2020

GUIDED HYPOTHESIS

Prenatal PFAS and risk of NAFLD in children

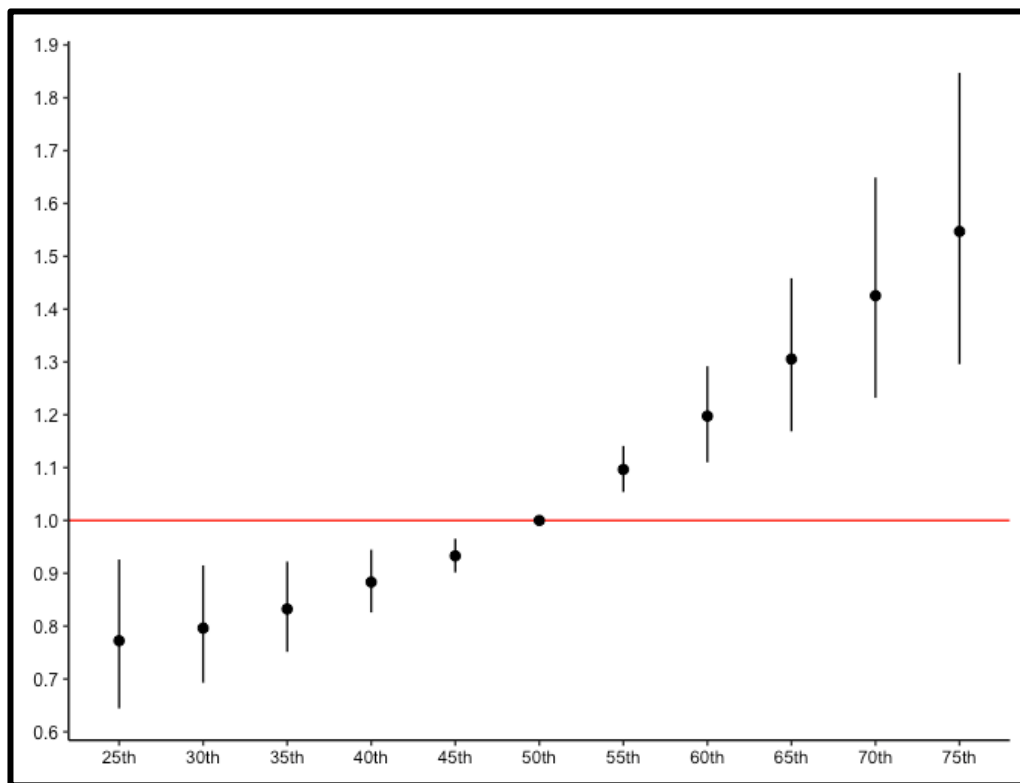




RESULTS

PFAS Mixture During Pregnancy on Child Liver Injury Risk: BKMR

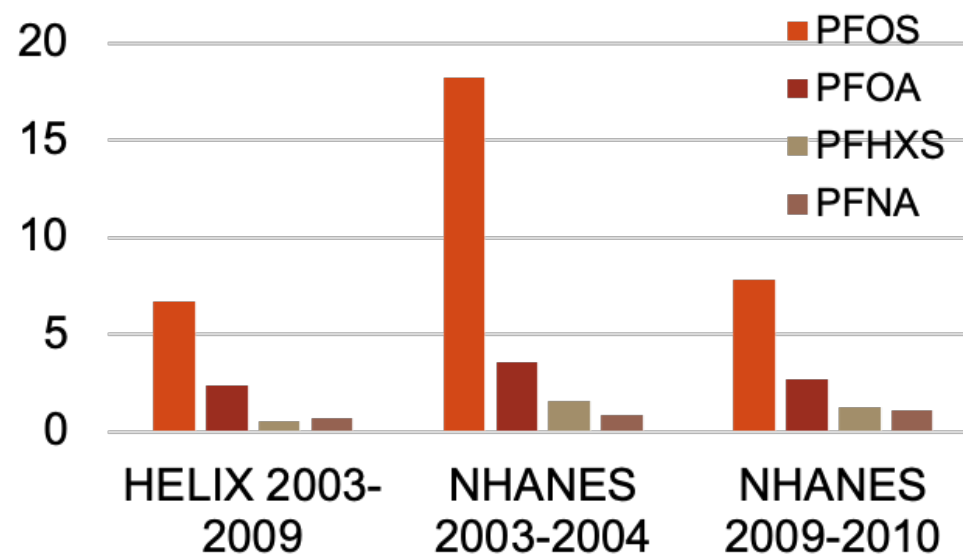
Joint effect of prenatal PFAS mixture on risk of pediatric liver injury (OR, 95% CI)



Maternal PFAS mixture (in percentiles)

Liver injury risk: Any liver enzyme serum concentrations >90th percentile

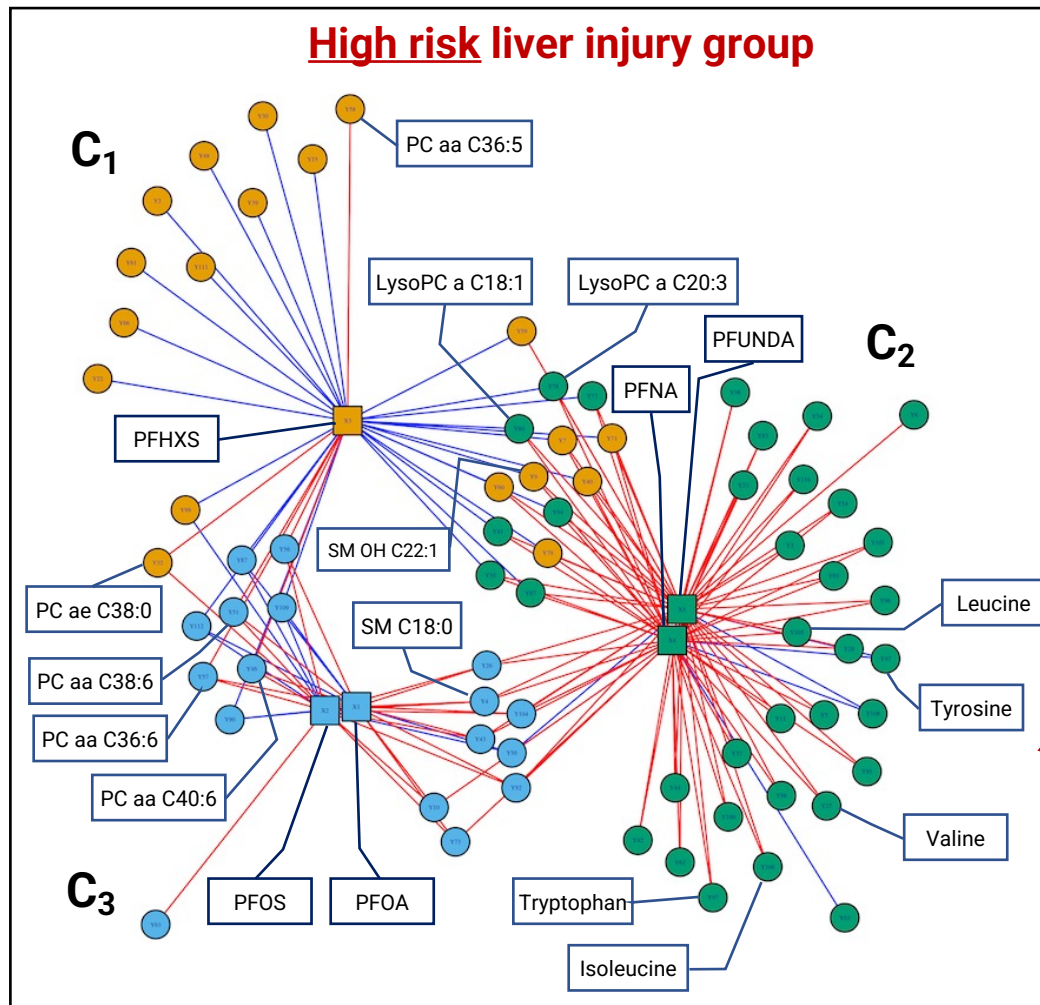
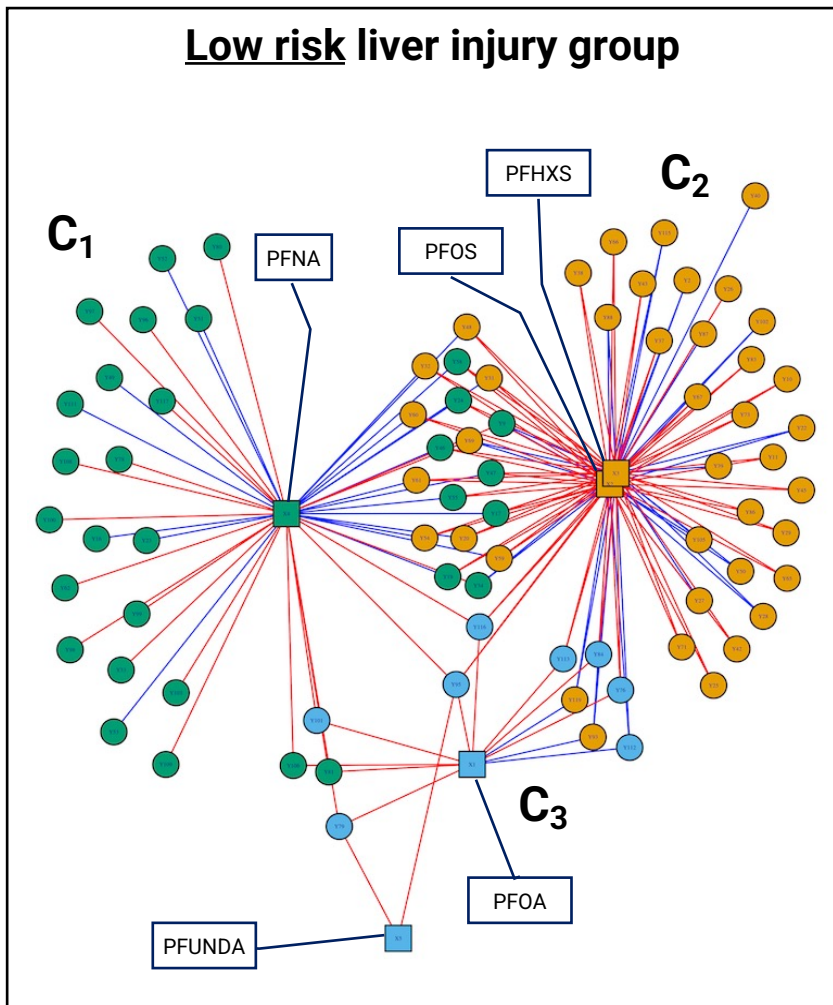
Median maternal PFAS concentration (ng/ml) in HELIX and female NHANES population



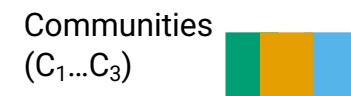
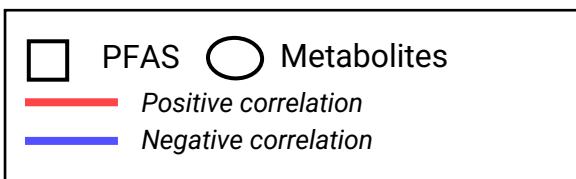
RESULTS

Metabolite features are associated with prenatal PFAS and liver injury

Network Analysis (xMWAS)

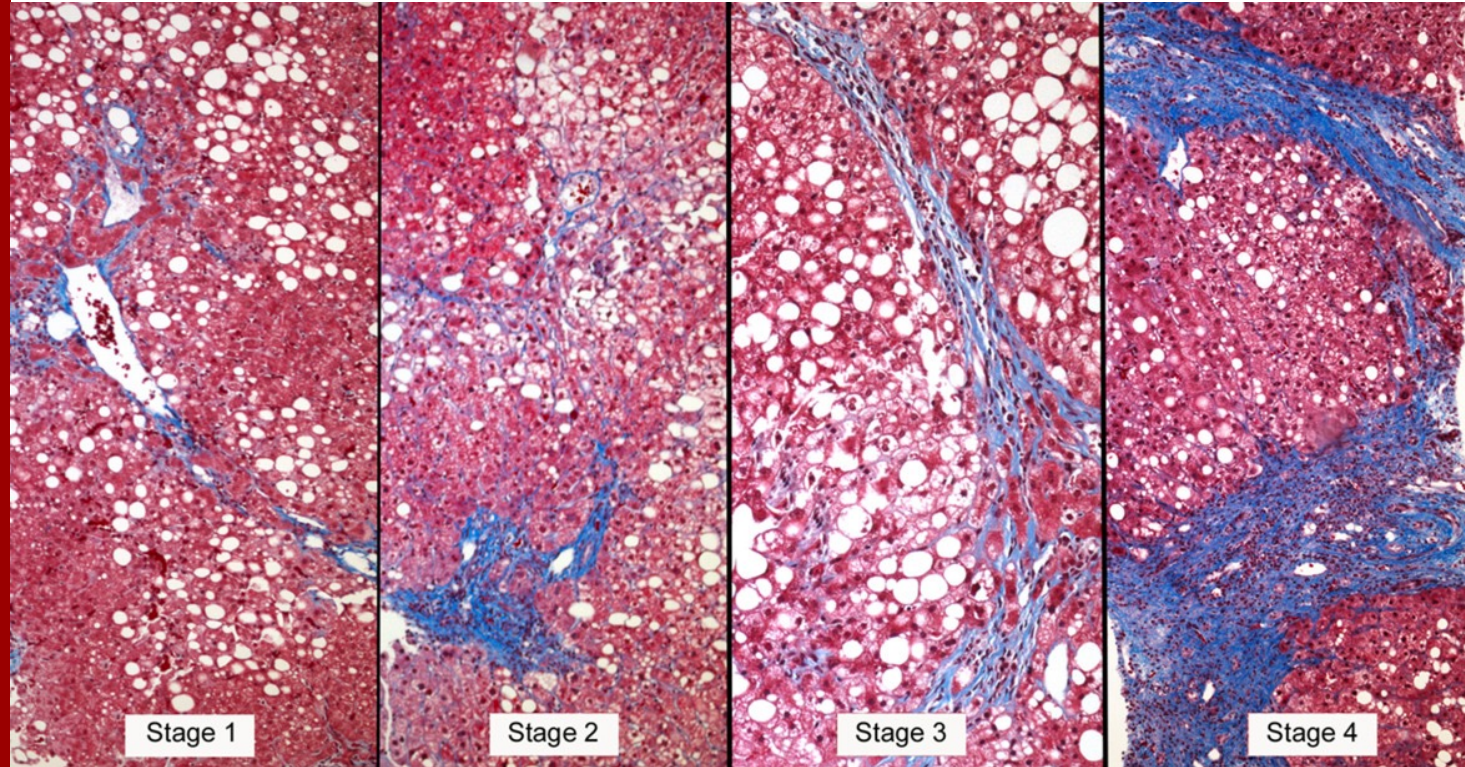


42 metabolites with significant network changes between groups as measured by the eigenvector centrality



Higher PFAS are associated with higher levels of branched chain and aromatic amino acids

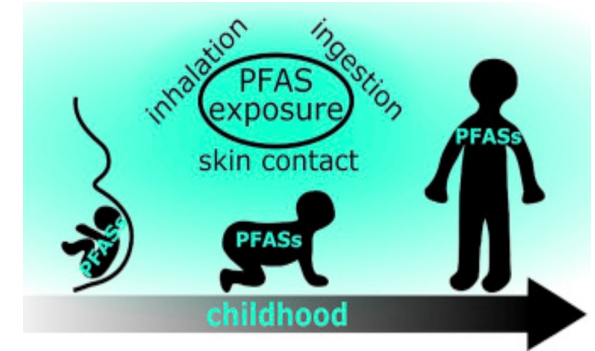
**PFAS and Severity of
NAFLD in children:**
An untargeted
metabolomics approach



QUESTION

Does PFAS Exposure Exacerbate NAFLD Progression?

Children have increased exposure relative to their body size and more progressive form of the disease

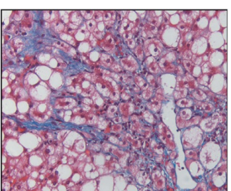
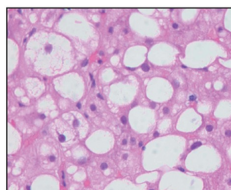
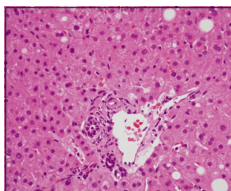
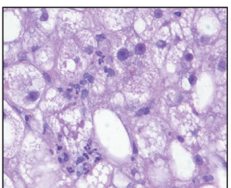
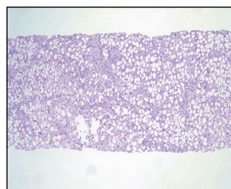


Aim 1: To examine associations between blood concentrations of PFAS and NAFLD severity in children, assessed liver histological features under biopsy (“gold standard”)

Aim 2: To explore metabolic perturbations in associations with PFAS that could possibly contribute to disease progression in NAFLD children

RESULTS

Liver Histological Features Under Biopsy



Variables	N (%)
Grade of Steatosis	
1 (5-33%)	27 (36.5)
2 (34-66%)	13 (17.6)
3 (>66%)	34 (45.9)
Lobular inflammation	
0 (no foci)	24 (32.4)
1 (<2 foci per 200x field)	43 (58.1)
2 (2-4 foci per 200x field)	7 (9.5)
3 (>4 foci per 200x field)	0 (0)
Portal inflammation	
0 (none)	42 (56.8)
1 (mild)	24 (32.4)
2 (moderate to severe)	8 (10.8)
Hepatocellular Ballooning	
0 (none)	44 (59.5)
1 (few balloon cells)	25 (33.8)
2 (many cells/prominent ballooning)	5 (6.76)
Fibrosis stage	
0 (none)	22 (29.7)
1 (Perisinusoidal or periportal)	38 (51.4)
2 (Perisinusoidal and portal/periportal)	8 (10.8)
3 (Bridging)	6 (8.1)
4 (Cirrhosis)	0 (0)

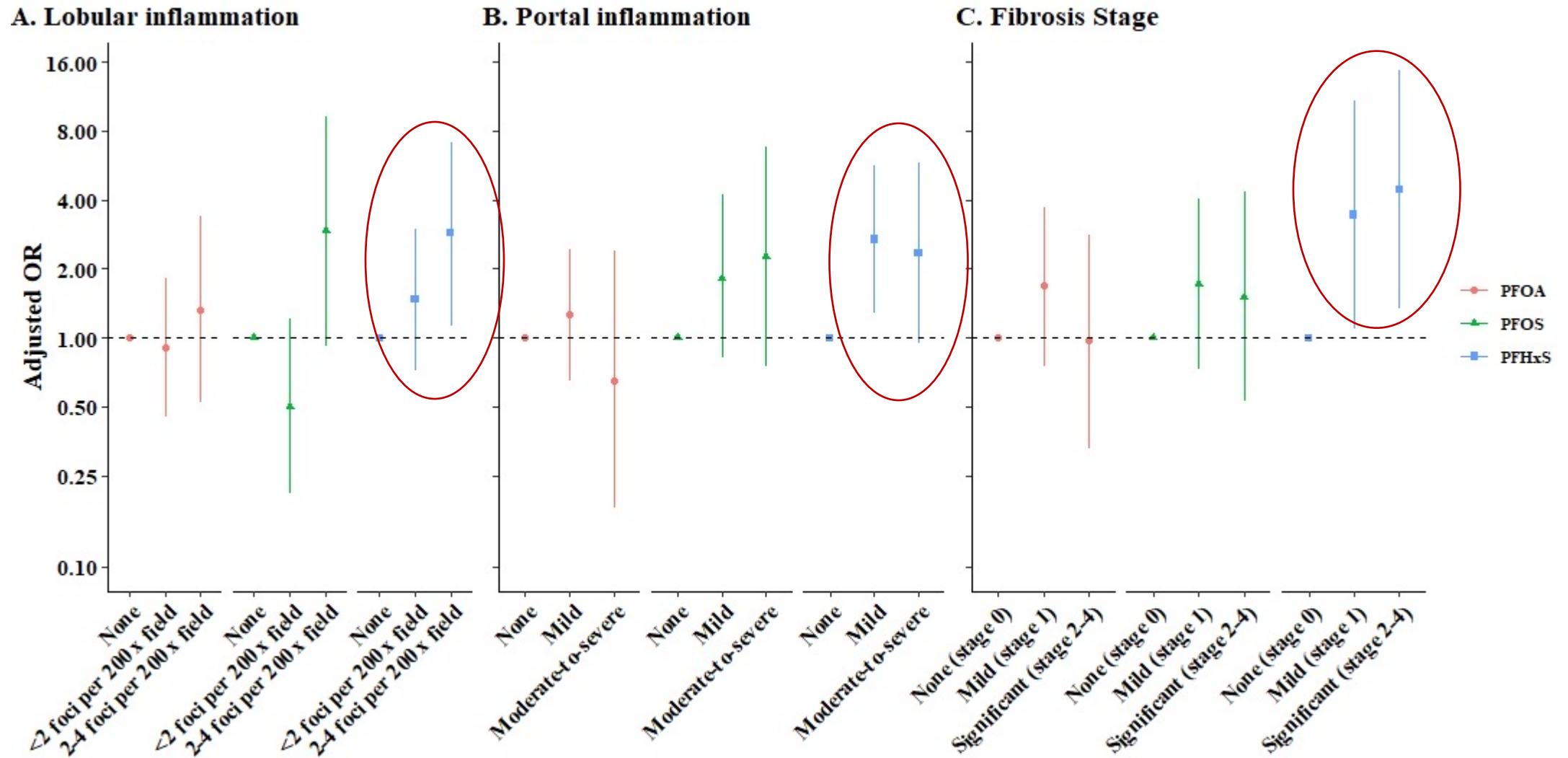
RESULTS

Clinical Features of Study Population

- **CHEAR Project:**
 - N=74 children
 - 7-19 years
 - Physician-diagnosed NAFLD
- **Characteristics**
 - Highly obese
 - Most Hispanics
 - Most Male
 - Elevated ALT levels (> 25.8 U/L for boys, > 22.1 U/L for girls)

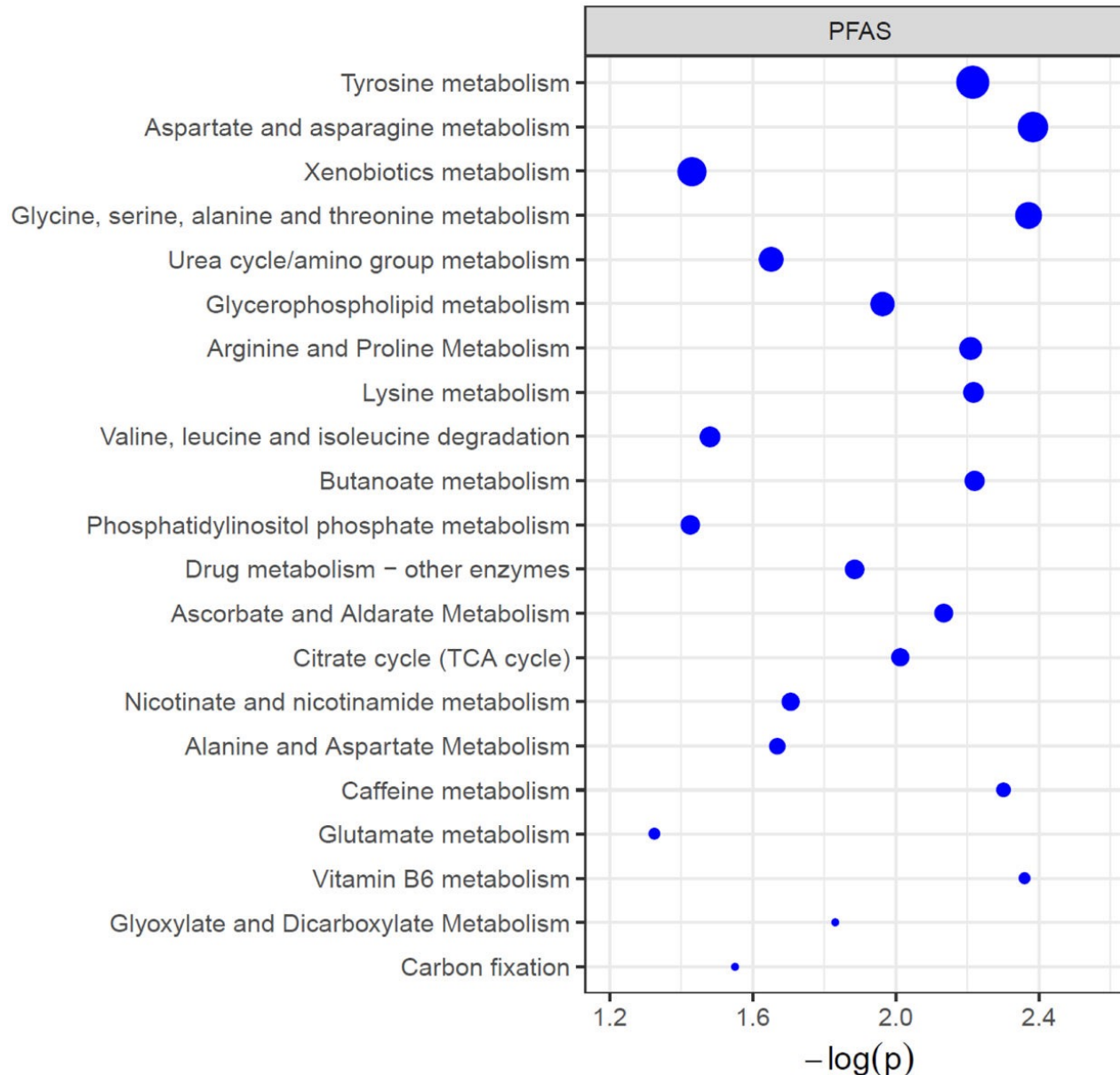
Variables	Mean (SD) or N (%)
Age (years)	14.0 (2.81)
Male, n (%)	52 (70.3)
Hispanics, n (%)	39 (52.7)
BMI percentile	98.4 (2.30)*
Normal weight (n, %)	4 (5.4)
Overweight (n, %)	7 (9.5)
Obesity (n, %)	63 (85.1)
ALT (U/L)	90.0 (75.0)*

RESULTS



RESULTS

Metabolic Disturbance Associated With PFAS



- **Amino acid metabolism**
 - Tyrosine metabolism
 - Aspartate, asparagine metabolism
 - Branch chain amino acid metabolism
- **Lipid metabolism**
 - Glycerophospholipid metabolism
- **Urea cycle metabolism**

CONCLUSION

- **First study** examining PFAS blood concentrations in relation to histopathological staging of NAFLD in children
- NAFLD children with **higher blood PFHxS** concentrations had increased odds of presenting **lobular/portal inflammation and more advanced stage of fibrosis**
- Blood concentrations of PFAS were associated with **metabolic perturbation** in numerous amino acids and phospholipids, key metabolic pathways previously found also to be altered in NAFLD/NASH

PFAS and Liver Cancer

RESEARCH ARTICLE | ARTICLES IN PRESS, 100550

Exposure to perfluoroalkyl substances and risk of hepatocellular carcinoma in a multiethnic cohort

Jesse A. Goodrich   • Douglas Walker • Xiangping Lin • ... David V. Conti • Lida Chatzi # • Veronica Wendy Setiawan # • [Show all authors](#) • [Show footnotes](#)

[Open Access](#) • Published: August 08, 2022 • DOI: <https://doi.org/10.1016/j.jhepr.2022.100550>



Medscape

News > [Medscape Medical News](#)

Pervasive 'Forever Chemical' Linked to Liver Cancer

STUDY DESIGN

- Multiethnic Cohort (MEC) Study
 - 50 non-viral incident cases of HCC and 50 matched controls
- Exposures:
 - **Pre-diagnostic** plasma PFAS (PFOS, PFOA, PFHxS, PFDA, PFNA) concentrations
 - Untargeted plasma metabolomics

	HCC (n=50)	Control (n=50)
Age @ blood collection	69.7	69.2
Race/ethnicity		
Afr Amer	6%	6%
Japn Amer	38%	38%
Latino	24%	24%
Native Haw	14%	14%
White	18%	18%
Female	38%	38%
Study area		
CA	36%	36%
HI	64%	64%
BMI		
<25	18%	38%
25-<30	36%	46%
30+	46%	16%
T2D	38%	8%
Ever smokers	74%	62%
Alcohol 12+ g/day	22%	16%

RESULTS

Associations Between Plasma PFAS Concentrations and HCC Risk

PFAS	µg/L	OR* (95% CI)	p-value
PFOS	>54.9	4.50 (1.20, 16.00)	0.02
PFHxS	>4.28	1.10 (0.56, 2.30)	0.72
PFOA	>8.6	1.20 (0.52, 2.80)	0.67
PFDA	>0.79	0.80 (0.31, 2.00)	0.64
PFNA	>1.47	1.20 (0.49, 3.20)	0.64
PFUnDA	>1.22	2.20 (0.92, 5.50)	0.07
PFAS Mixture		9.9 (1.05, 14.30)	0.04

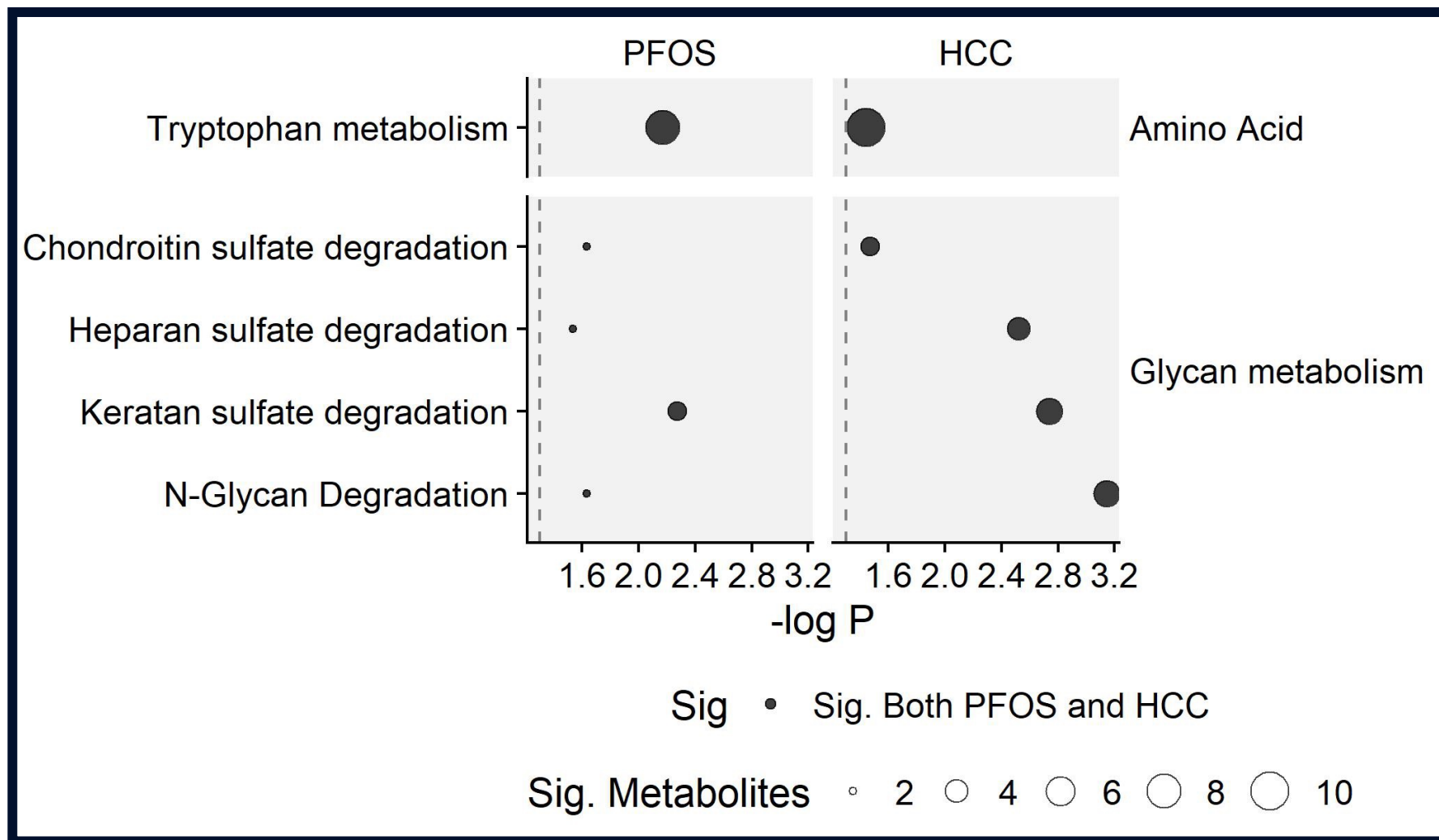
*High level was based on the 90th percentile in NHANES 1999-2000

OR was adjusted for matching factors

PFAS Mixture effect calculated using quantile g-computation, and represents the odds ratio when increasing all PFAS in the mixture from Low (<90th percentile) to High (>90th percentile).

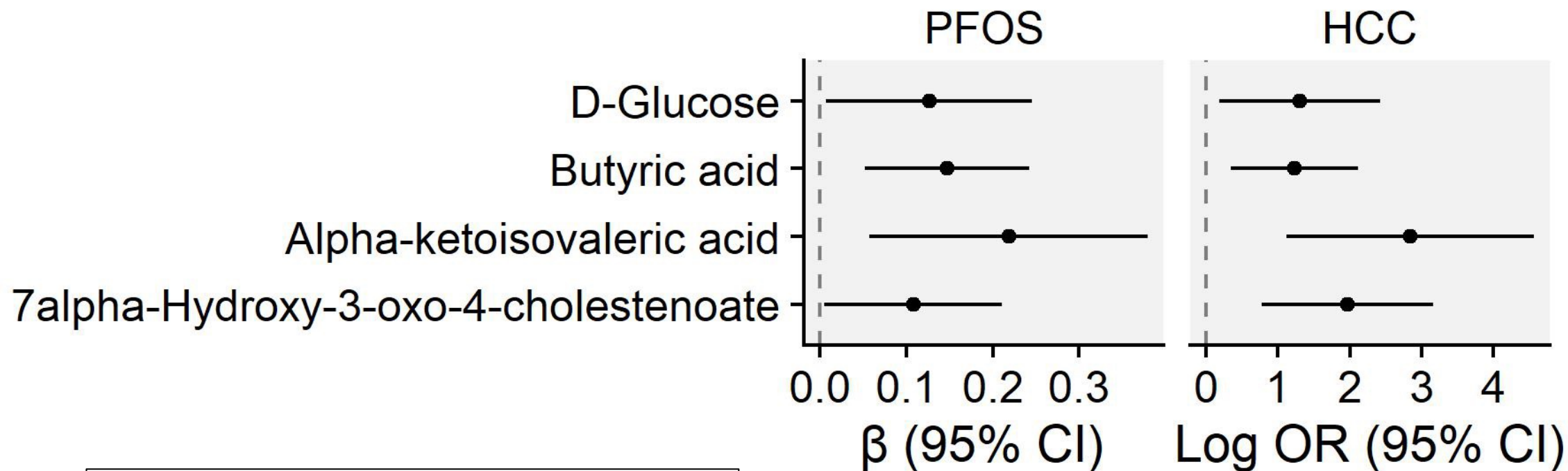
RESULTS

Metabolic Pathways Associated with High PFOS Levels or HCC



RESULTS

Metabolites Positively Associated PFOS and HCC Risk



Butyric acid: short chain fatty acid
 α -Ketoisovaleric acid: branched-chain α -keto acid
7 α -Hydroxy-3-oxo-4-cholestenoate: bile acid

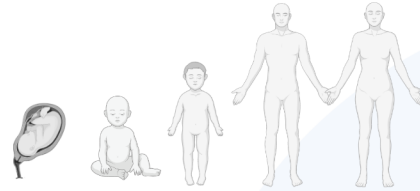
CONCLUSION

- High levels of PFOS in pre-diagnostic plasma samples are associated with **increased risk of HCC**
- **Glucose and cholestanol metabolites** were positively associated with PFOS exposure and with risk of HCC
- PFOS may increase risk of HCC via effects on **glucose metabolism and bile acid biosynthesis**

Translational Framework

1. Discover Associations

Discover Associations
Longitudinal cohort studies



PFAS measures
over time

PRIMARY OUTCOME

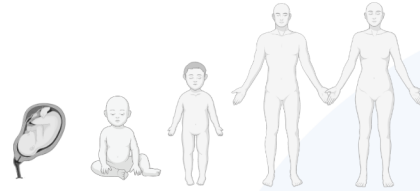


Liver Injury

Translational Framework

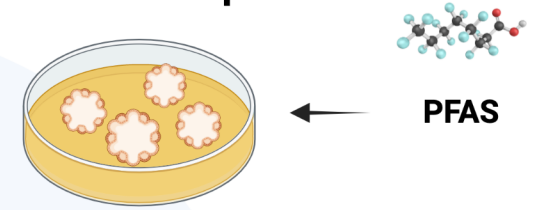
1. Discover Associations
2. Understand Biology

Discover Associations
Longitudinal cohort studies



PFAS measures
over time

Understand Biology
In Vitro Experiments



Human Liver
organoids

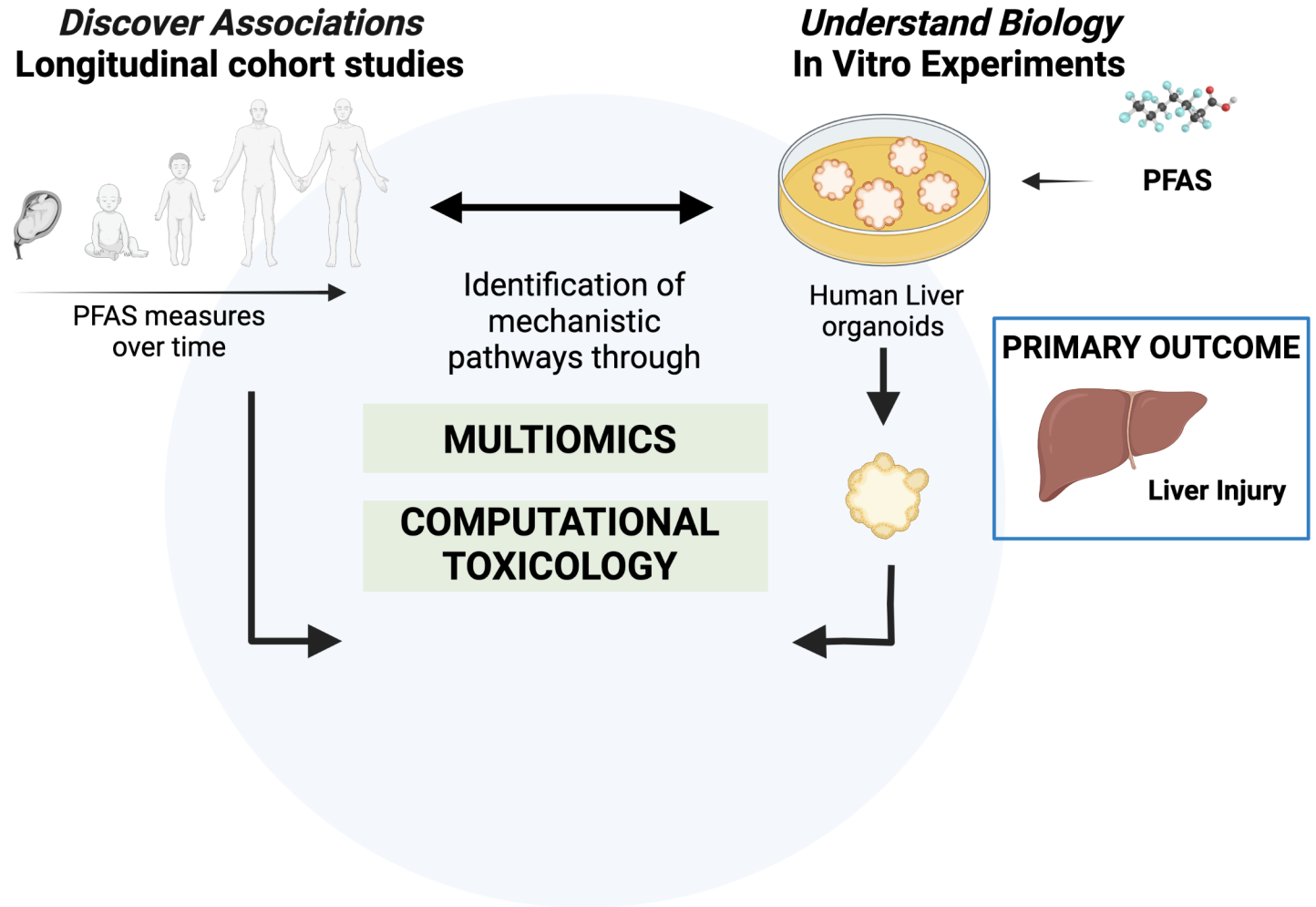
PRIMARY OUTCOME



Liver Injury

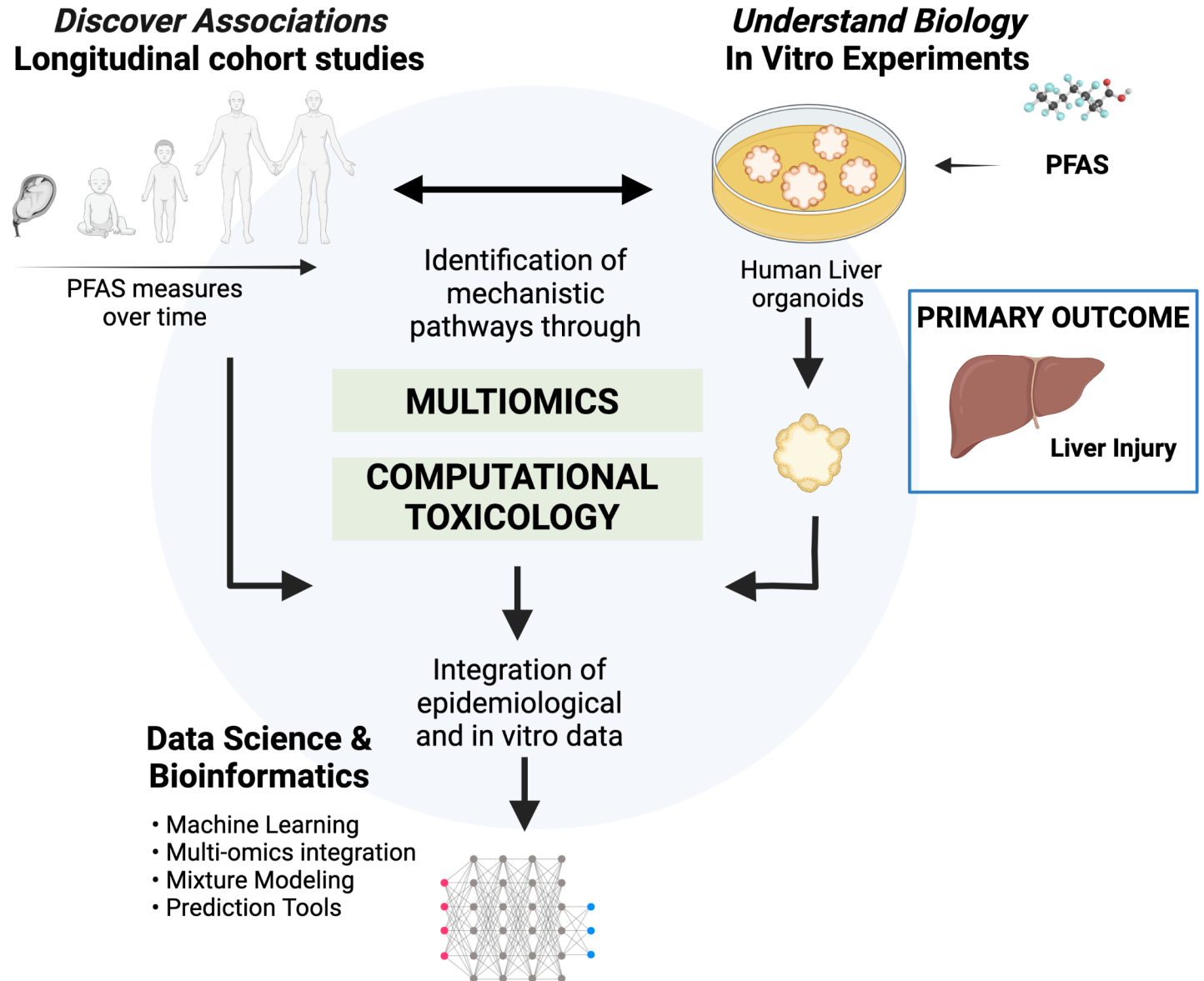
Translational Framework

1. Discover Associations
2. Understand Biology
3. Integrate Multiomics & Computational Toxicology



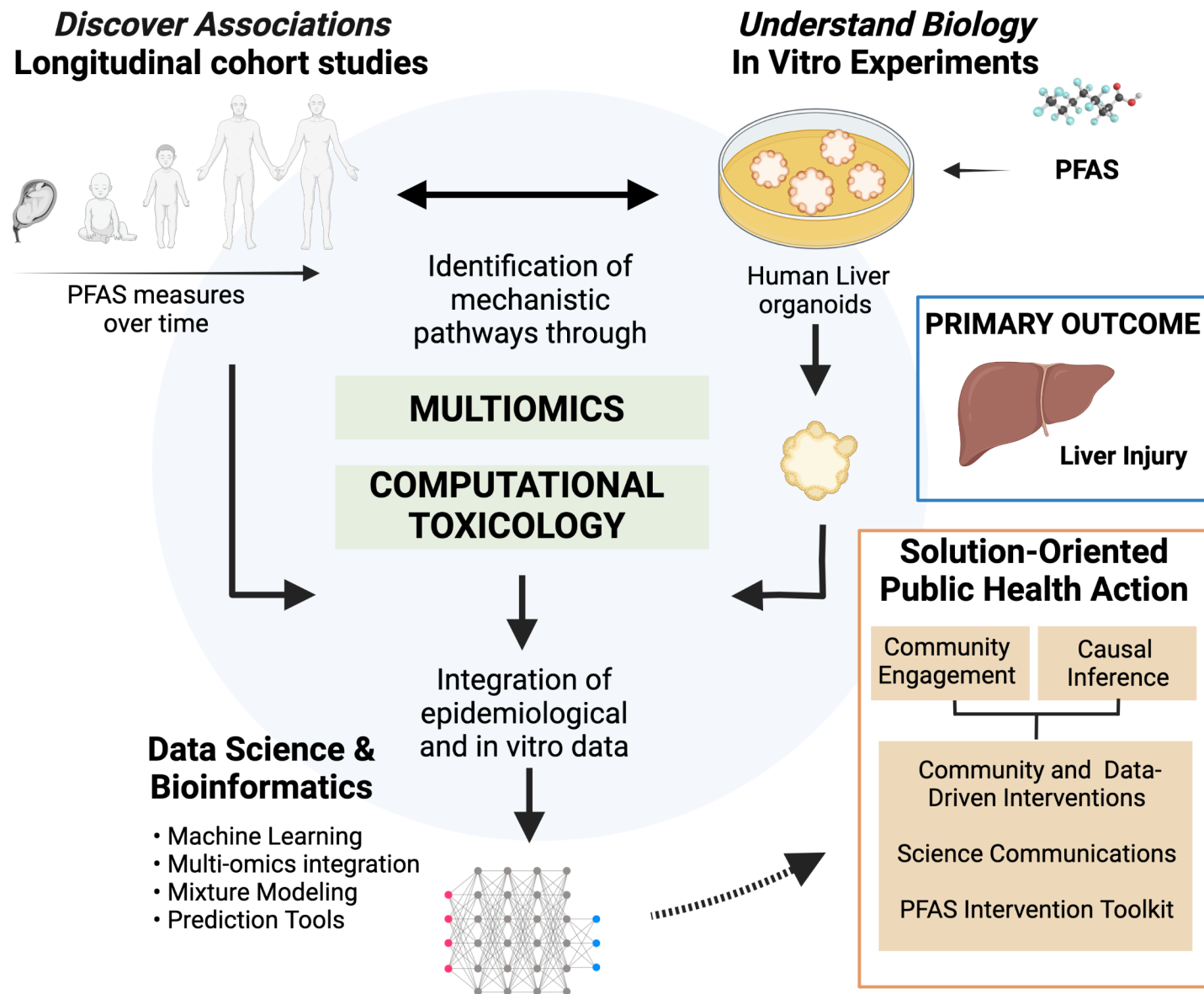
Translational Framework

1. Discover Associations
2. Understand Biology
3. Integrate Multiomics & Computational Toxicology
4. Data Science and Bioinformatics

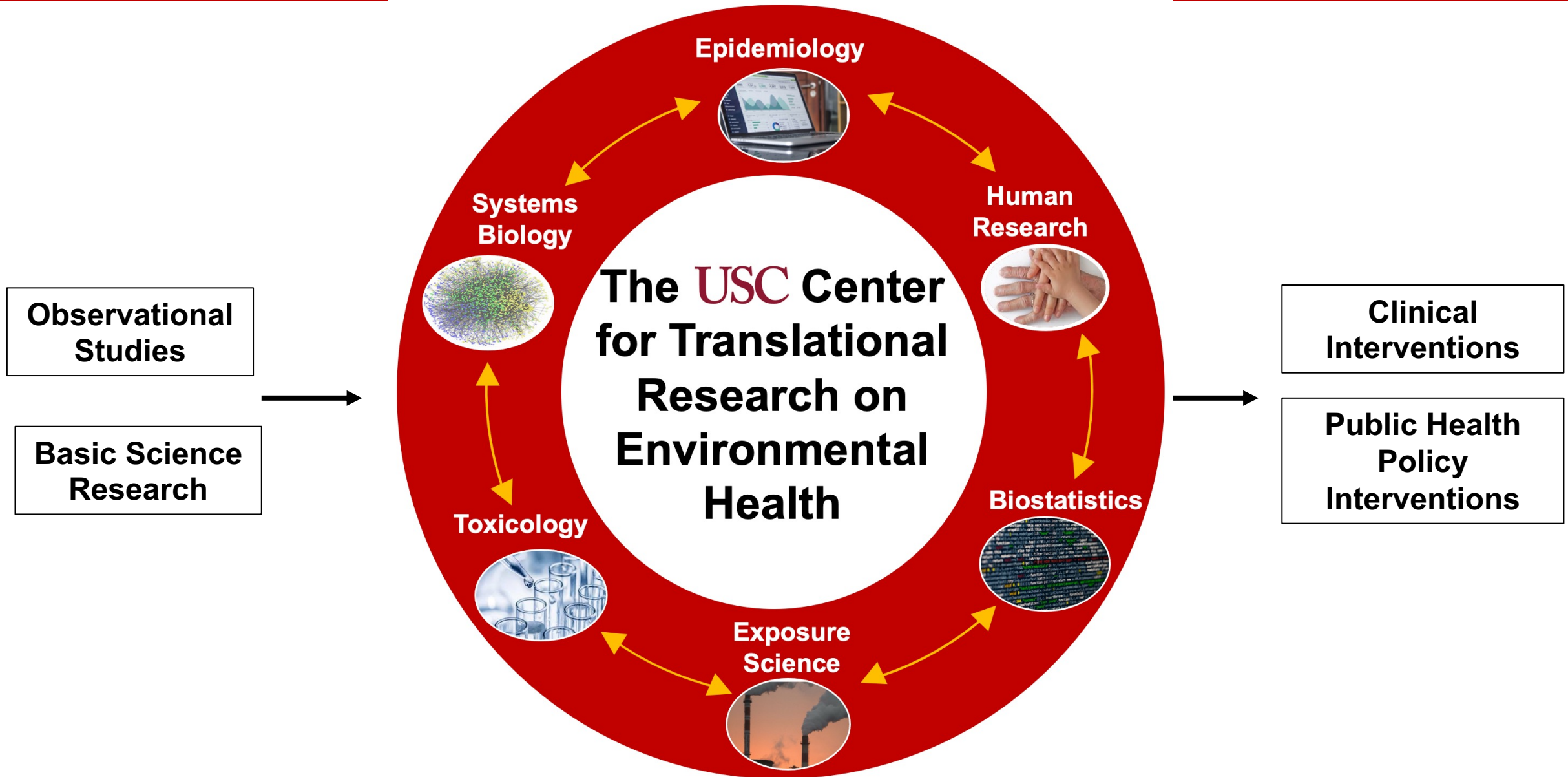


Translational Framework

1. Discover Associations
2. Understand Biology
3. Integrate Multiomics & Computational Toxicology
4. Data Science and Bioinformatics
5. Solution-Oriented Public Health Action



USC Center for Translational Research on Environmental Health and Chronic Diseases



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- Sarah Rock, MPH
- Rohit Kohli, MD, PhD
- Sandy Eckel, PhD

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R21 ES028903;

5P30ES007048-23; 5P30DK048522-24,

USC Dean's Pilot Award

USC Center for Liver Disease Research Pilot Award

Emory University

- Douglas Walker, PhD
- Dean Jones, PhD

Columbia University

- Andrea Baccarelli, MD, PhD

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- Damaskini Valvi , MD, PhD

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- Peter Bjornstad, PhD
- Anne Sterling, PhD